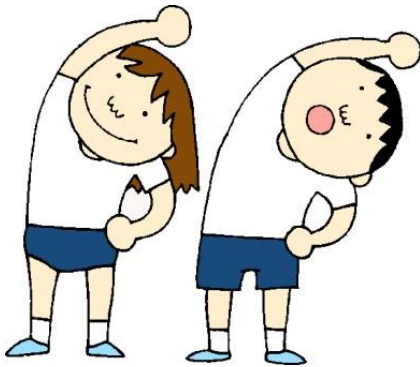




# Dovecot Primary School



# Physical Education Policy

# DOVECOT PRIMARY SCHOOL

## VISION STATEMENT

*Learning together, growing together*

### **Curriculum Intent Statement**

At Dovecot Primary School the curriculum is designed to recognise children's prior learning, provide first-hand learning experiences, allow the children to develop interpersonal skills, build resilience and become creative, critical thinkers.

Every child is recognised as a unique individual. We celebrate and welcome differences within our school community. The ability to learn is underpinned by the teaching of basic skills, knowledge, concepts and values. We provide enhancement opportunities to engage learning and believe that childhood should be a happy, investigative and enquiring time where there are no limits to curiosity and there is a thirst for new experiences and knowledge.

Children leave our school with a sense of belonging to a tightly knit community where they have the confidence and skills to make decisions, self-evaluate, make connections and become lifelong learners.

#### **Our core values:**

- Excellence in all areas of school life.
- A broad and challenging curriculum.
- Engaged and motivated children.
- High standards of behaviour and expectations.
- A love of lifelong learning.
- Strong and positive relationships within the community.

**“Education’s starting point should not be about us. It should be about them, their needs, their aspirations and goals.”**

*(Dr Maggie Atkinson, Children's Commissioner for England September 2013)*

## **Intent**

Our intent is to provide a varied, broad and balanced educational curriculum that adheres to the aims of the national curriculum for education. Our P.E curriculum will provide opportunities for children to engage and excel in sports and physical activities; promote and lead healthy, active lifestyles (physically and mentally); and ensure that children are exposed to a comprehensive P.E programme.

Our PE lessons are planned using the *Get Set 4 PE* platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. *Get Set 4 PE* is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

## **Rationale**

This policy is a statement of aims and strategies for the teaching and learning of Physical Education at Dovecot Primary School.

As a policy its main purposes are:

1. To enable structured and progressive developments in all areas of P.E.
2. To provide equal learning opportunities for all children throughout the school.
3. To encourage children to actively involve themselves in the maintenance of their own health, fitness and well-being.

## **Aims and purposes**

*'By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.*

*Physical development in the Foundation stage is about improving skills of co-ordination, control, manipulation and movement.*

*Physical development helps children gain confidence in what they can do and enables them to feel the positive benefits of being healthy and active. Effective physical development helps children develop a positive sense of well-being'. (National Curriculum 2014)*

## **Organisation**

Before embarking on Key Stage 1 work, children will have had the opportunity to move and play, alone and with others, in both indoor and outdoor environments. They will have experienced the curriculum through a range of planned, structured play situations. Children will have had opportunities to find out and learn about their world and to develop a range of skills that promote their own physical development.

Physical Education will be taught by the Class Teacher and lessons will be determined by *Get Set 4 PE* and our whole school curriculum. Whenever possible, links are made with other curriculum areas to enhance learning to make P.E topics relevant to children's lives.

Year 6 and Year 5 pupils participate in swimming lessons for at least half a term which take place at Wavertree Aquatics Centre.

In Year 6 the children have the opportunity to attend a residential which focuses on Outdoor Education.

## **Planning and Evaluation**

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short term). The long-term plan maps out the PE activities covered in each term during the key stage.

The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

At Dovecot, we ensure PE lessons are well differentiated for all abilities and all pupils are challenged to achieve their very best. Lessons are built on what the pupils already know, understand and can do.

## **Extra-Curricular Sport**

An annual Sports Day, Year 6 residential and Sports Clubs throughout the year are all indicative of our commitment to providing a broad and inclusive programme of physical education. Participation is optional all children are given the opportunity to participate in clubs.

Sports Day is held once a year and enables the children to develop their enjoyment, understanding of competition and sportsmanship.

## **Sainsbury's School Games Mark**

The Sainsbury's School Games Mark is a government led awards scheme to reward schools for their commitment to the development of competition across their school and into the community. Dovecot currently hold the Bronze award and in the new academic year, the school will re-apply to maintain this level or higher.

## **Assessment, recording and reporting**

Early Years Foundation Stage children are continually assessed using the Foundation Stage Profile. Children in Year 1 - Year 6 are assessed against the National Curriculum requirements via summative assessments from the *Get Set 4 PE Scheme*.

## **Resources**

Location and storage of Physical Education resources may be found in a container within the school grounds.

When working with equipment in practical activities and in different environments, including those that are unfamiliar, pupils should be taught:

- About hazards, risks and risk assessment
- To recognize hazards, assess consequent risks and take steps to control the risks to themselves and others
- To use information to assess the immediate and cumulative risks
- To manage their environment to ensure the health and safety of themselves and others - reference made to *Safe Practice in Physical Education and School Sport* (Association for Physical Education 2012) when and where appropriate.
- To explain the steps they take to control risks.

Details of appropriate kit can be found on our website. Children should have suitable footwear for P.E.

Jewellery should be removed and long hair tied back. Teachers are expected to set a good example and change clothing and footwear when teaching PE.