

PSHE/ SEAL OVERVIEW

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Nursery	New beginnings Citizenship and rules	Getting on and falling out Anti-Bullying	Going for Goals	Good to be Me Anti-Bullying	Relationships Friendship	Changes
Reception	New beginnings Citizenship and rules	Getting on and falling out Anti-Bullying	Going for Goals	Good to be Me Anti-Bullying	Relationships Friendship	Changes Stranger Danger
Year 1	New beginnings Citizenship and rules	Getting on and falling out Anti-Bullying	Going for Goals	Good to be Me Anti-Bullying	Relationships Stranger Danger PANTS	Changes Keeping clean, growing and changing, families. Road Safety
Year 2	New beginnings Citizenship & new rules Student council elections	Getting on and falling out Anti-bullying	Going for Goals Resolving conflict and where to get help Stranger Danger	Good to be Me Smoking	Relationships SRE – Valuing difference PANTS	Changes Road Safety
Year 3	New beginnings Citizenship & new rules SEAL-Student council elections	Getting on and falling out Anti-bullying	Going for Goals PSHE-Resolving conflict and where to get help Keeping safe-Internet Safety	Good to be Me DAT-Smoking	Relationships SRE- Valuing differences and keeping safe. Keeping safe-PANTS	Changes Keeping safe- Road Safety
Year 4	New beginnings	Getting on and falling out Anti-bullying	Going for Goals Alcohol and Tobacco	Good to be Me Mental health & well-being	Relationships E-safety	Changes Water safety
Year 5	New beginnings Keeping safe(Water Safety)	Getting on and falling out Anti-bullying Keeping safe	Going for Goals Keeping safe-Internet Safety	Good to be Me PHSE themes Keeping safe	Relationships PHSE themes Keeping safe(Bikability)	Changes Sex and relationships PHSE themes
Year 6	New beginnings Keeping safe Drugs, alcohol and tobacco PHSE themes	Getting on and falling out Anti-bullying Keeping safe PHSE themes	Going for Goals PHSE themes Keeping safe	Good to be Me PHSE themes Keeping safe	Relationships Keeping safe PHSE themes	Changes Sex and relationships PHSE themes

SEAL themes

Anti-Bullying

Sex and Relationships

Drugs, alcohol and tobacco

PSHE themes

Keeping Safe