



Progression of vocabulary – PSHE

	Vocabulary
EYFS 3-5 (F1&F2)	Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm, Leg, Chest, Knee, Nose, Tongue, Finger, Toe, Stomach, Hand, Baby, Grown-up, Adult, Change, Worry, Excited, Memories



Progression of vocabulary – PSHE

Year group	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary	Changes Life cycle Adulthood Learn New Grow Feelings Anxious Worried Excited Coping	Change Grow Control Fully grown Growing up Old Young Change Respect Appearance Physical Baby Toddler Child Teenager Independent Timeline Freedom Responsibilities Public Private Touch Texture Cuddle Hug	Birth Animals Babies Mother Grow Uterus Womb Nutrients Survive Love Affection Car Stereotypes Task Roles Challenge	Personal Unique Characteristic Parents Circle Seasons Change Control Emotions Acceptance	Body image Self-image Looks Personality Perception Self-esteem Affirmation Comparison Breasts Hips Adam's Apple Scrotum Genitals Hair Broader Wider Semen Erection Wet dream Growth spurt Larynx Facial hair Pubic hair Hormones Circumcised Foreskin	Negative body- talk mental health midwife labour opportunitiesfree doms attraction relationship love sexting transition secondary journey worries anxiety excitement sexual intercourse reproduction



Progression of vocabulary – PSHE

		Squeeze Like Dislike Acceptable Unacceptable Comfortable Uncomfortable Looking forward Nervous Happy			Fertilised Unfertilised Conception Foetus Pregnancy Sanitary products Tampon Pad Towel Liner Hygiene Age appropriateness Legal Laws Responsible Teenager Responsibilities Rights	
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